

Well Screening Motor Skills Checklist

(Milestones by grade level)

Pre-K-Spring

YES NO Gross Motor

- | | | |
|--------------------------|--------------------------|-------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Hops 5 times on one foot |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Stands on one foot for 10 seconds |

Fine Motor

- | | | |
|--------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Grasps pencil with thumb, index, and middle fingers (instead of fist) while hand moves as a unit |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Cuts out a 6 inch circle without assistance within ½ inch of the line |

Visual Motor

- | | | |
|--------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Draws a face with mouth, nose, and eyes |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Copies a circle (Pass any enclosed form. Fail continuous round motions) |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Copies a cross (Pass any lines crossing near midpoint) |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Copies own name, but not clearly |

K-Fall

YES NO Gross Motor

- | | | |
|--------------------------|--------------------------|--------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Hops 8-10 times on one foot |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Stands on one foot for 10 seconds with hands on hips |

Fine Motor

- | | | |
|--------------------------|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Grasps pencil with pad of index finger and thumb as pencil rests on the second or third joint of middle finger. |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Cuts out a 3 inch square within ¼ inch of the cutting line |

Visual Motor

- | | | |
|--------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Draws a person with 6 or more parts |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Copies a square (Pass if there are four clearly defined sides) |
| <input type="checkbox"/> | <input type="checkbox"/> | <ul style="list-style-type: none">• Prints own name in either upper or lower case letters |

K-Winter

YES **NO** Gross Motor

- | | | |
|--------------------------|--------------------------|-------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | • Hops in straight line for six feet |
| <input type="checkbox"/> | <input type="checkbox"/> | • Skips using alternating feet at least 4 times |

Fine Motor

- | | | |
|--------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | • Grasps pencil with pad of index finger and thumb as pencil rests on the second or third joint of middle finger with ring and pinky curled into the palm; movement of writing utensil comes from the fingertips |
| <input type="checkbox"/> | <input type="checkbox"/> | • Cuts out a 3 inch triangle within ¼ inch of the cutting line |

Visual Motor

- | | | |
|--------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | • Copies a triangle (Pass if there are three clearly defined sides with one corner higher than the other two) |
| <input type="checkbox"/> | <input type="checkbox"/> | • Prints 3 or more simple words on the baseline (lined paper) |

K-Spring

YES **NO** Gross Motor

- | | | |
|--------------------------|--------------------------|----------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | • Hops 20 feet in 6 seconds or less |
| <input type="checkbox"/> | <input type="checkbox"/> | • Skips 10 feet using alternating feet |

Fine Motor

- | | | |
|--------------------------|--------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | • Grasps pencil with pad of index finger and thumb as pencil rests on the second or third joint of middle finger with ring and pinky curled into the palm; movement of writing utensil comes from the fingertips |
| <input type="checkbox"/> | <input type="checkbox"/> | • Cuts complex shapes with good accuracy within ¼ inch of the cutting |

Visual Motor

- | | | |
|--------------------------|--------------------------|------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | • Copies most easy shapes (cross, circle, square, triangle). |
| <input type="checkbox"/> | <input type="checkbox"/> | • Prints all numerals 0 to 9 and all upper and lower case letters without copying |
| <input type="checkbox"/> | <input type="checkbox"/> | • Prints simple words on the baseline with acceptable letter sizing, spacing, and orientation. |

Recommendations (please select):

Comments:

- Within Grade Expectations
- Monitor Skills
- Occupational Therapy Referral

*See references for motor skills development in Well Screening Examiner's Manual